## **Abstract**

A plate system used to maintain a generally fixed distance between vertebrae during the surgical repair of damaged vertebrae and/or the discs therebetween. The plate system is provided for use in conjunction with a cervical implant or alone. The system includes a plate which may be held in place with screws and nuts. The plate defines multiple apertures for the passage of the screws, one of which is a slot and as a result a single sized plate may be used for many different situations where the gap between adjacent vertebrae is varied. The plate also includes at least one cleat which provides and additional grip between the plate and vertebrae.